#### Dear Patient,

Welcome to Draelos Metabolic Center! Thank you for the opportunity to care for your endocrine and bariatric health needs. Your initial appointment has been scheduled with Matthew T. Draelos, MD, a board certified endocrinologist, and Fellow of the American College of Endocrinology.

Dr. Draelos' primary purpose is to provide you with the best medical care possible. The Draelos Metabolic Center team is dedicated to caring for your diabetes, thyroid, pituitary, adrenal, lipid (cholesterol), high blood pressure, osteoporosis, testosterone, hormone imbalance, nutrition, and weight management concerns.

Draelos Metabolic Center offers on-site moderately complex and CLIA waived lab tests, diabetic retinopathy screening, continuous glucose monitoring, thyroid ultrasound and biopsy, electrocardiogram, indirect calorimetry, bioimpedance analysis, and insulin pump training. We also carry specialized medical foods and supplements.

The team at Draelos Metabolic Center does ask you to consult with your primary care provider to handle your other health needs and illnesses of a general nature, such as strep throat, ear or sinus infections, allergies, injuries, or other such medical issues unrelated to the endocrine system.

In the event that you require hospitalization, the Hospitalist (specialist in inpatient care at the hospital) at the hospital of your choice, will manage your care in coordination with your primary care provider. The providers at Draelos Metabolic Center will be available by telephone to assist your primary care provider should the need arise.

With your cooperation, the team at Draelos Metabolic Center will ensure your time spent with us, from check-in to check-out, will be productive and beneficial. We are looking forward to working hand-in-hand with you!

Sincerely,

The Draelos Metabolic Team

## **PATIENT INFORMATION**

Name: (First)	(MI)	(Last	)		
Birth Date:		_SSN:		Gender	
Mailing Address: (Street/PO Box):			City:		
State:	Zip:		<u></u>		
Phone #s: (Cell)	_(Home)		(Work)		
E-mail Address:					
Referring Doctor:			Phone #:_		
If self-referred, how did you hear about	us?	FRIEND	SOCIAL MEDIA	OTHER	k:
Primary Care Doctor:			Phone #:_		
Employer:			Phone #:_		
PRIMARY INSURANCE INFORMATIO	N				
Company Name:		_ID#:	Gr	oup #:	
Claims Address (Listed on Card):					
Policy Holder's Name:			Birth Date:		
Policy Holder's SSN:		_Relationship t	to Patient:	Gender	·
SECONDARY INSURANCE INFORMA	ATION				
Company Name:		_ID#:	Gr	oup #:	
Claims Address (Listed on Card):					
Policy Holder's Name:			Birth Date:		
Policy Holder's SSN:		Relat	ionship to Patient:		_Gender:
GUARANTOR (IF OTHER THAN PATI	ENT)				
Name: (First)		_(MI)	(Last)		
Mailing Address: (Street/PO Box):					
City:			State:	Zip:	
Phone #s: (Cell)	(Home)		(Work)		
Guarantor SSN:	_Birth Da	ate:	Relationsh	ip to Patient:	
EMERGENCY CONTACT					
Name:	Relatior	nship to Patien	nt:Ph	none #:	

### **MEDICATIONS**

Patient Name:	Birth	Date:To	day's Date:						
n order for our clinic to provide you with the best care, please provide a <u>CURRENT LIST</u> of your prescription medications INCLUDING INSULIN), non-prescription medications, and any supplements.									
Pharmacy Name:	Phone #:	Phone #:							
MEDICATION & STRENGTH	DOSAGE/UNITS	TIMES TAKEN (IN 24 HR)	PRESCRIBER						

Patients are responsible for notating any changes in their current medication(s). Also, they need to inform the medical staff regarding any prescription refills that are needed at the time of the appointment.

## **MEDICAL HISTORY (Page 1)**

Patient Name:Birth Date:Today's Date:	e:	Birth Date:	Today's Date:	
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#### **REVIEW OF SYSTEMS**

#### Constitution

- o Chills
- Fatigue
- o Unexpected Weight Change

#### Head, Ears, Nose, Throat

- Mouth sores
- Trouble Swallowing
- Voice Change

#### **Eyes**

- Eye Pain
- o Visual Disturbance

#### Respiratory

- Apnea
- Chest Tightness
- Cough
- o Shortness of Breath

#### Cardio

- Chest pain
- o Leg Swelling
- o Palpitations

#### Gastrointestinal (GI)

- Abdominal Pain
- Diarrhea
- o Nausea
- Vomiting

#### **Endocrine**

- o Cold Intolerance
- Heat Intolerance
- Plydipsia (abnormal thirst
- Polyphagia (abnormal hunger
- Polyuria (excess urination)

#### Genitourinary (GU)

- Difficulty Urinating
- Dysuria (Discomfort, pain, burning when urinating)
- Urgency (Immediate unstoppable urge to urinate)
- Hematuria (Blood in urine)

#### Muscle

- Arhralgias (Join Pain)
- Joint Swelling
- o Myalgias (Muscle pain)

#### Skin

- Color Change
- o Pallor (Pale Skin)
- o Rash
- Wound

#### Neurological

- Dizziness
- Numbness

#### **Phychological**

- Nervous/Anxious
- Confusion

# **MEDICAL HISTORY (Continued- Page 2)**

Patient Name:			Birth D	Today's Date:		
PATIE	NT MEDICAL HISTORY					
0	Unremarkable	0	Cancer, Thyroid		<ul> <li>Gout</li> </ul>	
0	Diabetes, Type I		Yr. Diagnosed:_		<ul> <li>Hepatitis B/C</li> </ul>	
	Yr. Diagnosed:_	0	Cancer, Other:_		<ul> <li>Kidney Disease</li> </ul>	
0	Diabetes, Type II		Yr. Diagnosed:_		<ul> <li>Kidney Dialysis</li> </ul>	
	Yr. Diagnosed:_	0	Heart Attack		<ul> <li>Liver Disease</li> </ul>	
0	Diabetic Neuropathy	0	Heart Disease		<ul> <li>Headaches</li> </ul>	
0	Diabetic Eye Disease	0	Coronary Artery Disease	e	<ul> <li>Miscarriage</li> </ul>	
0	Diabetic Ketoacidosis	0	CongestiveHeart Failure	Э	<ul> <li>Multiple Sclerosis</li> </ul>	
0	Kidney Function	0	Heart Murmur		<ul> <li>Ulcers foot/leg</li> </ul>	
0	Gastroparesis	0	Atrial Fibrillation (A-Fib)		o Blindness, Full/Pa	rtial
0	PCOS	0	Irregular Heart Rate		<ul> <li>Dementia</li> </ul>	
0	Gestational Diabetes	0	Rapid Heart Rate		<ul> <li>Alzheimers</li> </ul>	
0	Hyperthyroid	0	Deep Vein Thrombosis		<ul> <li>Crohns Disease</li> </ul>	
0	Hypothyroid	0	Stroke		<ul> <li>Ulcerative Colitis</li> </ul>	
0	Thyroid Nodule	0	Pacemaker		o GERD/Acid Reflux	(
0	Hyperparathyroid	0	High Cholesterol		<ul> <li>Stomach Ulcers</li> </ul>	
0	Hypercalcemia	0	Hypertension		<ul> <li>Pancreatitis</li> </ul>	
	(elevated calcium)	0	AIDS/HIV+		<ul> <li>Kidney Stones</li> </ul>	
0	Hypogonadism	0	Alcohol Dependency		<ul> <li>Enlarged Prostate</li> </ul>	
0	Osteoporosis	0	Anorexia/Bulemia		<ul> <li>Pregnancy to Term</li> </ul>	
0	Osteopenia	0	Emphysema		<ul> <li>Fathered a Child</li> </ul>	
0	Fractures, spontaneous	0	Epilepsy		<ul><li>Others, not listed:</li></ul>	
0	Panhypopituitary	0	Arthritis		0	
0	Sleep Apnea	0	Asthma/COPD		0	
0	Cushings Disease	0	Bleeding Disorder		0	
0	Addison's Disease	0	Cataracts		0	
0	Cancer, Breast	0	Chemical Dependency		0	
	Yr. Diagnosed:_	0	Depression		0	
0	Cancer, Colon	0	Anxiety		0	
	Yr. Diagnosed:_	0	Psychiatric Care		0	
0	Cancer, Prostate	0	Suicide Attempt		0	
	Yr. Diagnosed:_	0	Glaucoma		0	
ALLEF	RGIES					
0	Soy		0	Medication:_		
0	Adhesive		0	Medication:_		
0	Latex		0	Medication:_		

# **MEDICAL HISTORY (Continued- Page 3)**

atien	t Name:	Birth Date:	Today's Date:
PATIE	NT SURGICAL HISTORY		
0	Unremarkable	∘ Kidney R	emoval, no transplant
0	Abdominal Surgery	∘ Kidney Ti	·
0	Type:	•	•
0	Amputation		oidectomy
0	Specify:	o Pneumor	nectomy
0	Appendectomy	o Prostated	ctomy
0	Back Surgery	<ul> <li>Orthoped</li> </ul>	lic Surgery
0	Cardiac Bypass	o Tonsillect	tomy
0	Carotid Endarterectomy	o Tunneled	Dialysis Cath.
0	Carpal Tunnel	o Urinary Ir	ncontinence
0	Cataract Extraction	o Vertebro	olasty
0	Cholecystectomy	o Thyroid S	Surgery
0	(Gallbladder removal)	o C-Section	า
0	Colon Resection	o Other:	
0	Craniotomy (Brain)	0	
0	Gastric Bypass or Band	0	
0	Hemorrhoidectomy	0	
0	Hysterectomy, complete		
0	Hysterectomy, partial	o	
0	Heart Valve Replacement		
	NOSTIC TESTING Date an (last 3 months)	_	
/IRI B		_	
ieep iye Ex	Study xam	_ _	
	Exam	D = 4: 4:	
KG			
	ccination	_	
	nonia Vacc. one Density	_ _ Primary Care:	
aot B		Physician:	
		_ Physician:	
	<del></del>	_ Physician:	
IOSPI	ITALIZATIONS		
'ear	Reason		Outcome
			-
	<del></del>		
		<del></del>	

# **MEDICAL HISTORY (Continued- Page 4)**

Patient	: Name:	Birth Date:	Today's Date:	
PROC	EDURES			
0	Cardiac Heart Catheterization	o		
0	Diabetes Retina-Laser	0		
0	Interventional Pain Procedure			
0	Thyroid Ablation		<del></del>	
0	Other	o	<del></del>	
0		0		
SOCIA	L HISTORY			
0	Caffeine ≥ 2/day	o Tobac	cco, Never	
0	Exercise, None	o Alcoh	ol, ≥ 2 drinks/day	
0	Exercise, Light 1-2x/week	o Single	<del>)</del>	
0	Exercise, Heavy ≥ 3x/week	o Marrie	ed	
0	Illicit Drug Use	o Divord	ced	
0	Tobacco, Former	o Numb	per of Children:	
0	Tobacco, Current	o Occup	pation:	

#### **FAMILY HISTORY**

Relationship Legend: **F** = Father; **M** = Mother; **SI** = Sister; **B** = Brother; **D** = Daughter; **SO** = Son

		R	ELAT	IONS	HIP				RELA	TIONS	SHIP		
	F	M	SI	В	D	so		F	M	SI	В	D	so
History Unknown	0	0	0	0	0	0	High Cholesterol	0	0	0	0	0	0
Thyroid Disease	0	0	0	0	0	0	Stroke	0	0	0	0	0	0
Obesity	0	0	0	0	0	0	Kidney Stones	0	0	0	0	0	0
Diabetes, Type I	0	0	0	0	0	0	Lupus/SLE	0	0	0	0	0	0
Diabetes, Type II	0	0	0	0	0	0	Kidney Disease	0	0	0	0	0	0
Diabetes, Gestational	0	0	0	0	0	0	Elevated Calcium	0	0	0	0	0	0
Pituitary Tumors	0	0	0	0	0	0	Early Heart Disease	0	0	0	0	0	0
Osteoporosis	0	0	0	0	0	0	<ul> <li>Male ≤ 55</li> </ul>	0	0	0	0	0	0
Cancer, Breast	0	0	0	0	0	0	o Female ≤ 65	0	0	0	0	0	0
Cancer, Ovarian	0	0	0	0	0	0	Other:	0	0	0	0	0	0
Heart Disease	0	0	0	0	0	0		0	0	0	0	0	0
High Blood Pressure	0	0	0	0	0	0		0	0	0	0	0	0

# DRAELOS METABOLIC CENTER HIPAA Consent Form

This consent form must be completed and signed prior to receiving medical treatment from our office. Please return this form to the reception upon completion.

I understand that as part of my medical care, this office originates and maintains medical records describing my health history, symptoms, examination and test results, diagnoses, treatment, and any plans for future care or treatment. I further understand that this information serves as:

- a basis for planning my care and treatment
- a means for communication among the health professionals who contribute to my care
- a source of information for applying my diagnosis and treatment information to my bill
- a means for a third-party payer to verify that services were billed as actually provided
- and as a tool for routine healthcare operations such as assessing quality and reviewing the competence of healthcare professional

By Oklahoma law we are required to notify you...that the information authorized for release may include records which may indicate the presence of communicable or venereal disease which may include, but are not limited to, diseases such as hepatitis, syphilis, gonorrhea, and the human immunodeficiency virus, also know as Acquired Immune Deficiency Syndrome (AIDS).

Other than myself, my **spouse**, or others previously identified in the Privacy Notice, this office has permission to use and disclose information regarding my medical care to the following specific person(s):

#### This agreement to release future information shall remain in force until such time as I revoke it in writing.

I understand and have been provided with a **Patient Privacy Notice** that provides a more complete description of information uses and disclosures. I understand that I have the right to review the notice prior to signing this consent. I understand that this office reserves the right to change the notice and practices, but that prior to implementation, a copy of any revised notice will be provided. I understand that I have the right to request restrictions as to how my health information may be used or disclosed to carry out treatment, payment, or healthcare operations and that my doctor is not required to agree to the restrictions requested. I understand that I must revoke this consent in writing, except to the extent the organization has already taken action.

Patient's Full Name	
Signature of Patient or Legal Representative if minor	Printed Name and Relationship to Patient
Today's Date (Effective date of notice)	

<sup>\*\*</sup>Note: If you wish to have a copy of this consent form please notify the receptionist.